

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1
Chicken Patty w/ Bun
BBQ Chicken Salad w/ Flatbread.
Cheese Pizza
Green Bean
Fruit
Milk

2
Beef & Cheese Nachos
BBQ Chicken Salad w/ Flatbread.
Cheese Pizza
Black Beans
Fruit
Milk

3
French Toast Sticks
Turkey Sausage Links
BBQ Chicken Salad w/ Flatbread.
Cheese Pizza
Seasoned Potatoes
Fruit
Milk

4
Macaroni & Cheese w/ Roll
BBQ Chicken Salad w/ Flatbread
Cheese Pizza
Broccoli
Fruit
Milk

5
Pepperoni Pizza
BBQ Chicken Salad w/ Flatbread.
Cheese Pizza
Glazed Carrots
Fruit
Milk

All Entree Salads come with Dinner Roll or Flatbread

6
EZ Breakfast Box
(Yogurt, Cheese Stick, Muffin & Graham Cracker)
Chef Salad w/ Dinner Roll
Cheese Pizza
Veggies
Fruit
Milk

7
Chicken Tacos
Chef Salad w/ Dinner Roll
Cheese Pizza
Broccoli
Fruit
Milk

8
Corn Dog
Chef Salad w/ Dinner Roll
Cheese Pizza
Baked Beans
Fruit
Milk

9
Chicken Patty w/ Bun
Chef Salad w/ Dinner Roll
Cheese Pizza
Tater Tots
Fruit
Milk

10
Grilled Cheese
Chef Salad w/ Dinner Roll
Cheese Pizza
Glazed Carrots
Veggie
Milk

13
Cheeseburger w/ Bun
Taco Salad w/ Tortilla Chips
Cheese Pizza
Steamed Broccoli
Fruit
Milk

14
Beef & Cheese Nachos
Taco Salad w/ Tortilla Chips
Cheese Pizza
Refried Beans
Fruit
Milk

15
French Toast Sticks w/ Sausage Links
Taco Salad w/ Tortilla Chips
Cheese Pizza
Roasted Potatoes
Fruit
Milk

16
Chicken Nuggets w/ Bun
Taco Salad w/ Tortilla Chips
Cheese Pizza
Glazed Carrot
Fruit
Milk

17
Pepperoni Pizza
Taco Salad w/ Tortilla Chips
Cheese Pizza
Green Beans
Fruit
Milk

20
Fun on the Run - Ham Sandwich
Peppi Pizza Salad w/ Dinner Roll
Cheese Pizza
Steamed Broccoli
Fruit
Milk

21
Chicken & Waffles
Peppi Pizza Salad w/ Dinner Roll
Cheese Pizza
Corn
Fruit
Milk

22
Cheeseburger w/ Bun
Peppi Pizza Salad w/ Dinner Roll
Cheese Pizza
French Fries
Fruit
Milk

23
Chicken Patty w/ Bun
Peppi Pizza Salad w/ Dinner Roll
Cheese Pizza
Carrots
Fruit
Milk

24

27

28

29

30

31

A Guide to Safety with School Meals in the Wake of COVID-19

As the world continues the long journey back to normalcy after the COVID-19 pandemic, many students are gearing up to start a new academic year faced with new, extraordinary challenges. The start of a school year can cause anxiety for both new and returning students and parents, and recent events have added reasonable concerns about health and

safety in the wake of the global pandemic that altered the way we live, work and learn. Sodexo understands these concerns, and we are committed to protecting the health and safety of everyone who eats in our schools, as well as all members of our foodservice staff.



Sodexo is committed to promoting healthier food choices and encourages students and families to use the USDA MyPlate to build healthy and balanced meals.

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BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Frudel Cereal & String Cheese Fruit Milk	Pancake Minis Nutrigrain Bar and Graham Crackers Fruit Milk	Bagel/ru Cereal and Graham Cracker Fruit Milk	Muffin & String Cheese Bagel & Cream Cheese Fruit Milk	Snack Waffles Poptart & Graham Crackers Fruit Milk
Mini Cinni Cereal Bar & String Cheese Fruit Milk	French Toast Minis Nutrigrain & Graham Crackers Fruit Milk	Breakfast Pizza Cereal & Graham Crackers Fruit Milk	Muffin & String Cheese Bagel & Cream Cheese Fruit Milk	Cinnamon Bun Poptart & Graham Crackers Fruit Milk
Frudel Cereal Bar & String Cheese Fruit Milk	Waffle Minis Nutrigrain & Grahams Fruit Milk	Benefit Bar Cereal & Grahams Fruit Milk	Muffin & String Cheese Bagel & Cream Cheese Fruit Milk	Snack Waffles Poptart & Graham Crackers Fruit Milk
Mini Cinni Cereal Bar & String Cheese Fruit Milk	Pancake Minis Nutrigrain & Grahams Fruit Milk	Breakfast Pizza Cereal & Graham Crackers Fruit Milk	Muffin & String Cheese Bagel & Cream Cheese Fruit Milk	

Fresh Pick Recipe

KIWI SALSA

- 1/2 cup red onion-small dice
- 1 jalapeño pepper, minced
- 1 yellow bell pepper, medium dice
- 1 green pepper, medium dice
- 1/2 cucumber, medium dice
- 2 cups kiwi, peeled-medium dice
- 1/2 cup pineapple-medium dice, fresh or canned
- 1/2 cup fresh cilantro leaves, shredded
- 1/2 cup orange juice
- 4 tablespoons lime juice
- 4 tablespoons extra virgin olive oil
- 1 tablespoon honey (optional)
- salt and pepper, to taste

1. Prepare all ingredients as directed and mix in a bowl.
2. Mix orange juice, lime juice and olive oil in small jar.
3. Pour just enough dressing on the salsa to coat.
4. Serve with corn chips.

Last day of school is May 23rd.
Have a great summer!

Nutrition Information is available upon request.

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