

Menu Day – Nutrient Analysis

Menu: CRC Nutrition Analysis 19
 Result: **Fail**

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Lunch
 Serving Group: 9-12
 Site Group: CrossRoads Café

Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[750.00 - 850.00]	224.25	
Total Fat (g)		7.59	30.47
Sat Fat (g)(1)	< 10.00 % of Calories	2.57	10.33
Trans Fat (g)(2)		0.00(M)	
Chol (mg)		21.37	
Sodium Target 1 (mg) (13)	< 1,420.00	389.77	
Sodium Target 2 (mg) (13)	< 1,080.00	389.77	
Carb (g)		29.84	53.23
Total Fiber (g)		3.39	
Total Sugars (g)		10.62(M)	18.94
Added Sugars (g)		0.30(M)	
Protein (g)		9.61	17.13
Iron (mg)		1.50(M)	
Calcium (mg)		108.30(M)	
VitA (IU)		1,204.29(M)	
VitC (mg)		9.87(M)	
VitD (mcg)		0.10(M)	
Potassium (mg)		108.77(M)	
Mois (g)		39.55(M)	
Ash (g)		0.27(M)	

Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 1.000	[1.500 - 2.000]	
Veg	>= 1.000	[1.000 - 3.125]	
Veg-DG		1.500	
Veg-RO		1.500	
Veg-BP		1.500	
Veg-S		1.750	
Veg-O		1.750	
Grains	>= 2.000	[1.000 - 5.000]	
Non-WGR		6.000	
WGR		80.000	
Meat/MA	>= 2.000	[2.000 - 3.000]	
MILK-F	>= 1.000	1.000	
Fruit-J		0.500	
Grain-D		0.000	
Vegetable-J		0.000	
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements starting School Year 2019-2020 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

Menu Day – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
CRC Nutrition Analysis 19	100																			
Category: Entrée/Combo; May Choose: 1																				
Bacon Cheeseburger, beef with mushroom, american, bacon - OHR1063 (1 sandwich)	1	317.69	13.93	5.31	0.00	35.73	717.86	26.90	2.10	3.30	0.00(M)	17.98	2.71	157.00	150.70 (M)	0.30(M)	0.00(M)	28.44 (M)	0.00(M)	
Baked Potato with Broccoli and JTM Liquid Cheese - OHR1171 (1 potato)	1	480.46	18.67	9.96	0.00	55.13	778.98	56.68	6.42	5.77	0.00(M)	22.00	2.81	506.36	899.58 (M)	36.95 (M)	0.20(M)	21.00 (M)	41.22 (M)	
Baked Potato with Chicken Conqueso - OHR1172 (8 ea.)	1	425.48	10.28	2.34	0.00	52.57	437.86	59.65	4.43	4.44(M)	0.00(M)	23.48	3.39	170.36	248.49 (M)	14.09 (M)	0.07(M)	17.91 (M)	29.57 (M)	
Beef Soft Taco 2mt,2gr JTM OHCOMM or GFS 2 6in shells - OHR1173 (1 ea.)	1	332.24	14.59	5.88	0.00	40.30	610.10	30.84	3.13	3.13	0.00(M)	18.44	2.57	292.53	389.32 (M)	3.40(M)	0.15(M)	15.75 (M)	(M)	
BREADSTICK BOSCO/SAUCE - OHR1019 (2 ea.)	1	451.94	12.32	6.09	0.01	30.24	764.52	56.12	4.97	7.86	(M)	25.14	3.60	313.21	328.61	4.75	(M)	(M)	(M)	
Buffalo Chicken Pizza 1/8 - OHR1240 (8 slice 1/8)	1	419.35	16.86	7.08	0.00	41.95	703.32	43.93	4.11	7.33	0.16(M)	20.80	2.71	250.52	400.00 (M)	0.00(M)	0.03(M)	8.70(M)	(M)	
CHEESE SANDWICH American served cold - OHR1195 (1 ea.)	1	340.00	20.00	10.00	0.00	50.00	1190.00	28.00	2.00	2.00	(M)	16.00	1.44	380.00	600.00	0.00	(M)	(M)	0.00(M)	
Chicken Nuggets, Tyson - SR1367 (5 nugget)	1	263.32	15.05	2.51	0.00	25.08	401.25	16.30	2.51	1.25	0.00	16.30	2.51	37.62	(M)	(M)	0.00	739.81	(M)	
Chicken Parmesan, tyson chicken patty, cheese, sauce - OHR1099 (1 serving)	1	364.03	12.35	2.27	0.00	48.78	632.37	35.25	5.19	3.78	0.14(M)	25.65	2.61	109.94	0.00(M)	0.00(M)	0.03(M)	47.95 (M)	0.00(M)	
Chicken Patty Sandwich, Tyson/Klosterman - OHR1027 (1 sandwich)	1	340.00	11.00	1.50	0.00	45.00	520.00	34.00	5.00	3.00	(M)	24.00	2.52	60.00	0.00	0.00	(M)	(M)	0.00(M)	
Chicken Patty Spicy Sandwich, Tyson/Klosterman - OHR1053 (1 sandwich)	1	410.00	17.00	3.00	0.00	25.00	630.00	42.00	5.00	4.00	(M)	20.00	4.14	100.00	100.00	0.00	(M)	(M)	0.00(M)	
CHICKEN TENDER WG TYSON 4 PIECE - OHR1166 (4 ea.)	1	346.67	20.00	3.33	0.00	33.33	520.00	21.33	4.00	1.33	(M)	20.00	2.40	53.33	133.33	0.00	(M)	(M)	(M)	
Chicken, Bacon Ranch Pizza 1/8 - OHR1241 (8 slice 1/8)	1	429.23	17.77	7.39	0.00	45.02	543.46	43.78	4.00	7.31	0.16(M)	21.37	2.73	250.00	400.00 (M)	0.00(M)	0.00(M)	12.50 (M)	(M)	
Deli Bar - OHR1057 (1 serving)	1	348.25	13.71	5.41	0.00	43.85	798.54	35.79	4.13	5.22	0.00(M)	19.71	2.35	214.38	398.96 (M)	8.55(M)	0.07(M)	164.88 (M)	28.74 (M)	
DRUMSTICK CHICKEN TYSON - OHR1164 (1 EACH 5.42)	1	190.00	11.00	2.50	0.00	50.00	450.00	5.00	1.00	0.00	(M)	16.00	1.08	20.00	100.00	0.00	(M)	(M)	(M)	

Menu Day – Nutrient Analysis

Generated on: 12/2/2019 1:18:07 PM by Jodie Havert

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
FAJITA CHICKEN, SHREDDED CHEESE USDA 10 INCH - OHR1181 (1 ea.)	1	345.60	12.57	5.78	0.00	78.06	878.68	31.31	4.99	4.13	0.00(M)	24.11	1.51(M)	249.74 (M)	100.36 (M)	0.50(M)	0.10(M)	10.50 (M)	17.21 (M)
French Toast Sticks w/Sausage Links MS/HS - OHR1243 (1 serving)	1	498.30	26.42	8.72	0.20	242.71	849.48	44.51	4.92	16.02	(M)	20.73	3.29	155.18	334.27	0.15	(M)	(M)	(M)
GRILLED CHEESE SANDWICH American/mozz italian seasoning - OHR1132 (1 ea.)	1	441.75	27.31	13.29	0.00	40.19	992.04	32.11	2.04	3.03	0.00(M)	17.10	1.62	423.71	802.90 (M)	0.06(M)	0.10(M)	50.63 (M)	0.01(M)
Hamburger 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE - OHR1198 (1 burger)	1	280.00	9.00	3.00	0.00	25.00	410.00	28.00	2.00	3.00	(M)	17.00	3.04	89.30	1.00	0.50	(M)	(M)	0.00(M)
Homemade Mac and Cheese - OHR1447 (2/3 c.)	1	376.51	22.15	11.54	0.00(M)	52.94	1152.06	26.42	0.87	9.38	(M)	18.74	0.83	508.08	764.54 (M)	0.92(M)	0.00(M)	280.53 (M)	227.75 (M)
Meatball sub 4 beef meatballs, spaghetti sauce, RECIPE OHCOMM - OHR1186 (4 Meatballs)	1	387.07	12.80	5.41	0.01	38.18	1244.48	43.92	4.30	12.00	0.00(M)	23.59	4.14	299.59	534.00 (M)	7.73(M)	0.10(M)	50.63 (M)	0.00(M)
Mini Corn dog - OHR1094 (6 ea.)	1	270.00	12.00	3.75	0.00	37.50	420.00	30.00	4.50	6.00	(M)	10.50	2.16	150.00	0.00	0.00	(M)	(M)	(M)
Nachos beef and cheese (liq cheese) LEGOUT CHEESE - OHR1361 (1 serving (1))	1	535.02	23.07	8.27	0.00	32.32	2201.66	63.53	4.54	12.01	(M)	19.90	1.70	173.12	568.99	5.10	(M)	(M)	(M)
Pizza Hurricane (Wilmington) - OHR1364 (1 serving (1))	1	301.31	9.96	3.74	0.00	42.37	947.36	31.55	4.18	6.02	0.29(M)	20.25	3.36	205.00	571.66 (M)	5.11(M)	0.07(M)	88.58 (M)	0.04(M)
Pizza Meatlovers Big Daddy Bold 1/8 - OHR1137 (1 slice)	1	459.43	20.82	8.68	0.04	50.50	633.81	43.42	4.14	7.13	0.00(M)	22.58	2.89	257.25	410.74 (M)	0.08(M)	0.05(M)	60.46 (M)	(M)
Pizza, Cheese, Big Daddy Bold 1/8 - OHR1073 (8 slice 1/8)	1	400.00	16.00	7.00	0.00	35.00	440.00	43.00	4.00	7.00	(M)	19.00	2.70	250.00	400.00	0.00	(M)	(M)	(M)
Pizza, Pepperoni, Big Daddy Bold 1/8 - OHR1052 (1 slice 1/8)	1	423.69	18.19	7.82	0.00	40.47	518.37	43.00	4.00	7.00	0.00(M)	20.09	2.77	251.82	400.00 (M)	0.00(M)	0.06(M)	20.05 (M)	(M)
Pizza, Sausage, Big Daddy Bold 1/8 - OHR1112 (8 slice 1/8)	1	445.99	19.92	8.34	0.07	43.76	565.60	43.67	4.22	7.21	(M)	21.02	2.90	259.17	417.18	0.13	(M)	(M)	(M)
Popcorn Chicken Bowl - OHR1363 (1 ea.)	1	656.94	30.28	13.23	0.00	33.86	1110.42	71.94	7.57	6.52	0.00(M)	25.40	3.68	298.72	4.31(M)	9.95(M)	0.10(M)	836.86 (M)	186.65 (M)
Popcorn Chicken, Tyson - SR1413 (12 piece)	1	254.75	14.40	2.77	0.00	22.15	387.66	15.51	3.32	1.11	0.00	15.51	2.21	36.55	(M)	(M)	0.00	719.95	(M)
Potato, Baked, beef, shredded cheese W/2 ROLLS - OHR1048 (1 ea.)	1	533.45	14.69	6.24	0.00	46.27	619.91	76.76	8.38	10.08	0.00(M)	24.55	4.61	325.29	876.30 (M)	34.83 (M)	0.20(M)	962.12 (M)	130.49 (M)

Menu Day – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Pretzel Bun Turkey, american cheese, bacon - OHR1362 (1 sandwich)	1	339.89	13.63	5.71	0.00	62.83	739.56	30.50	3.00	2.00	0.00(M)	25.78	2.47	95.00	150.00 (M)	0.00(M)	0.00(M)	163.44 (M)	(M)
Salad Buffalo Chicken Large - OHR1104 (1 salad)	1	332.92	8.76	2.55	0.00	54.68	1113.44	39.18	5.46	7.42	0.00(M)	23.55	3.47	246.64	6090.41 (M)	6.30(M)	0.20(M)	535.61 (M)	67.82 (M)
Salad Chef Salad Large - OHR1106 (1 salad)	1	316.85	10.57	3.74	0.00	110.81	551.46	37.14	4.13	6.70	0.00(M)	18.97	3.79	239.69	1367.21 (M)	6.54(M)	0.58(M)	531.18 (M)	53.42 (M)
Salad Popcorn chicken Elem - OHR1002 (1 salad)	1	417.61	20.17	5.32	0.00	34.91	626.58	35.66	4.96	5.12	0.00(M)	23.38	4.22	219.01	1276.55 (M)	6.96(M)	0.10(M)	325.51 (M)	38.13 (M)
Salad, Cobb - OHR1051 (1 salad)	1	428.07	17.26	5.23	0.00	163.46	874.06	36.22	4.09	6.46	0.00(M)	31.34	3.83	214.57	1563.41 (M)	6.99(M)	0.48(M)	488.12 (M)	35.05 (M)
Stir-Fry Chicken, LoMein, stir-fry sauce - OHR1041 (1 c.)	1	167.87	3.82	0.29	0.00	31.48	596.98	20.95	1.89	7.00	0.00(M)	12.39	0.93	17.62	2994.06 (M)	10.90 (M)	0.00(M)	52.55 (M)	55.17 (M)
Stir-fry Chicken, tyson popcorn, Gen Tso Sauce, White rice - OHR1082 (2 c.)	1	657.30	18.24	3.20	0.00	25.57	806.97	96.42	6.80	18.28	(M)	24.89	3.47	155.92	177.85	3.00	(M)	(M)	86.12 (M)
Taco Pizza, 8-cut, JTM beef, Big Daddy's Bold 16-inch - SR2086 (1 slice)	1	444.48	17.67	7.50	0.00	42.54	559.75	47.19	4.88	8.13	0.00(M)	22.22	3.20	264.49	544.36 (M)	1.48(M)	0.05(M)	56.07 (M)	3.10(M)
Category: Grains; May Choose: 1																			
Dinner Roll 1 grain - OHR1003 (1 ea.)	1	80.00	1.00	0.00	0.00	0.00	135.00	15.00	1.00	2.00	(M)	3.00	0.72	40.00	0.00	0.00	(M)	(M)	0.00
Dutch Waffle, Whole grain - OHR1031 (1 ea.)	1	300.00	13.00	3.00	0.00	20.00	350.00	43.00	3.00	12.00	(M)	4.00	1.80	0.00	0.00	0.00	(M)	(M)	(M)
Category: Fruit; May Choose: 2																			
APPLE SLICES FRESH MARKON GFS 792382 - OHR1317 (1/2 c.)	2	28.50	0.00	0.00	0.00	0.00	0.50	7.50	1.50	5.50	(M)	0.00	0.09	5.00	25.00	2.40	(M)	(M)	(M)
Apple, fresh, whole, 138 ct - OHR1009 (1 ea.)	2	80.00	0.00	0.00	0.00	0.00	0.00	22.00	5.00	16.00	(M)	0.00	0.36	0.00	100.00	4.80	(M)	(M)	0.00
Applesauce cup - OHR1118 (1 ea.)	2	51.00	0.00	0.00	0.00	0.00	2.00	14.00	1.00	11.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
C - Applesauce, canned, unsweetened - SR1195 (1/2 c.)	2	53.58	0.13	0.01	0.00	0.00	2.55	14.38	1.40	11.98	(M)	0.22	0.29	5.10	37.00	1.28	(M)	(M)	(M)
C - Mixed Fruit Cocktail, canned, in pear juice, drained - SR1037 (1/2 c.)	2	49.99	0.01	0.00	0.00	0.00	4.35	12.89	1.09	11.80	(M)	0.50	0.23	8.70	331.49	2.93	(M)	(M)	-3.68 (M)
C - Peaches, cling, diced, canned in pear juice, drained - SR1196 (1/2 c.)	2	57.95	0.04	0.00	0.00	0.00	5.27	15.24	1.71	13.53	(M)	0.83	0.36	7.90	501.75	4.74	(M)	(M)	-4.25 (M)

Menu Day – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
C - Pears, canned, diced, packed in juice, drained - SR1194 (1/2 c.)	2	49.27	0.07	0.00	0.00	0.00	3.94	12.75	1.58	9.56	(M)	0.34	0.29	8.87	5.91	1.58	(M)	(M)	(M)
Cranberries, dried, sweetened - OHR1337 (1/4 c.)	2	123.20	0.44	0.04	0.00	0.00	2.00	33.12	2.12	29.02	(M)	0.07	0.16	3.60	18.40	0.08	(M)	(M)	(M)
F - Bananas, fresh, petite or regular - SR1166 (1 medium (7"))	2	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	(M)	1.29	0.31	5.90	75.52	10.27	(M)	(M)	(M)
F - Kiwifruit, ready-to-serve - SR1582 (1/2 c.)	2	50.31	0.43	0.02	0.00	0.00	2.47	12.09	2.47	7.41	(M)	0.94	0.26	28.04	71.75	76.45	(M)	(M)	68.51
F - Oranges, fresh, whole, unpeeled - SR1171 (1 small (2-3))	2	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.00	0.90	0.10	38.40	216.00	51.07	0.00	173.76	83.28
F - Strawberries, fresh - SR1546 (1/2 c.)	2	23.04	0.22	0.01	0.00	0.00	0.72	5.53	1.44	3.52	(M)	0.48	0.29	11.52	8.64	42.34	(M)	(M)	65.48
F - Watermelon, 1/2-inch diced, without rind, ready-to-serve - SR1299 (1/2 c.)	2	27.67	0.14	0.01	0.00	0.00	0.92	6.96	0.37	5.72	(M)	0.56	0.22	6.46	524.79	7.47	(M)	(M)	84.34
Fruit Mix, Dried USDA - OHR1353 (1/4 c.)	2	104.00	0.00	0.00	0.00	0.00	7.00	27.00	2.00	23.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mandarin Oranges, canned in light syrup, drained - SR1557 (1/2 c.)	2	54.99	0.00	0.00	0.00	0.00	0.00	13.75	0.92	12.83	12.83	0.00	0.00	5.50	(M)	(M)	3.67	69.66	(M)
Pineapple, Tidbits - OHR1028 (1/2 c.)	2	54.30	0.10	0.01	0.00	0.00	0.91	14.08	1.18	12.90	(M)	0.46	0.25	14.48	45.25	8.51	(M)	(M)	(M)
Red Seedless Grapes - SR1496 (1/2 c.)	2	62.60	0.14	0.05	0.00	0.00	1.81	16.42	0.82	14.04	0.00	0.65	0.33	9.07	59.87	2.90	0.00	173.27	73.06
STRAWBERRY CUP FROZEN USDA - OHR1329 (1 ea.)	2	90.00	0.00	0.00	0.00	22.00	0.00	22.00	2.00	18.00	(M)	1.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Category: Fruit Juice; May Choose: 1																			
Apple Juice, 100% Suncup 4 fl oz - SR1204 (4 fl oz cup)	1	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Juice, grape, 100% Suncup, 4 fl oz - SR1607 (4 fl oz cup)	1	80.00	0.00	0.00	0.00	0.00	10.00	19.00	0.00	18.00	(M)	0.00	0.00	0.00	0.00	60.00	(M)	(M)	(M)
Juice, orange, 100% Suncup, 4 fl oz - SR1295 (4 fl oz cup)	1	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	(M)	0.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Category: Vegetable; May Choose: 2																			
Beans, baked, vegetarian, brown sugar, onion, molasses - SR1336 (1 c.)	2	450.66	0.04	0.01	0.00	0.00	1186.82	106.46	10.87	65.09	0.00(M)	15.07	5.35	164.93	0.29	1.06	0.00(M)	20.89 (M)	18.89 (M)

Menu Day – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
BP - Refried Beans, pinto, vegetarian - SR1070 (1/2 c.)	2	161.28	0.58	0.00	0.00	0.00	158.86	28.80	10.37	0.00	0.00(M)	10.37	2.07	49.42	0.00(M)	0.00(M)	0.00(M)	472.32 (M)	104.57 (M)
Broccoli, frozen cut or chopped, heated, drained - SR1028 (1/2 c.)	2	26.46	0.11	0.02	0.00	0.00	11.13	5.06	2.83	1.39	(M)	2.93	0.58	31.92	955.38	37.89	(M)	(M)	84.83
DG - Broccoli, fresh florets, trimmed, ready-to-serve - SR1027 (1/2 c.)	2	10.84	0.12	0.01	0.00	0.00	10.53	2.12	0.83	0.54	0.00	0.90	0.23	14.99	198.70	28.45	0.00	100.78	(M)
Green beans Canned USDA or Prime - OHR1313 (1 1/2 cup)	2	14.00	0.07	0.02	0.00	0.00	140.00	3.04	1.30	0.65	(M)	0.78	0.61	18.00	294.00	3.20	(M)	(M)	(M)
O - Celery Sticks, fresh, 1/2-inch by 4-inch, ready-to-serve - SR1014 (6 stick.)	2	10.34	0.11	0.03	0.00	0.00	51.71	1.92	1.03	0.87	0.00	0.45	0.13	25.86	290.23	2.00	0.00	168.06	61.68
O - Cucumbers, unpared, 1/4-inch sliced, ready-to-serve - SR1013 (1/2 c.)	2	9.22	0.07	0.02	0.00	0.00	1.23	2.23	0.31	1.03	0.00	0.40	0.17	9.84	64.54	1.72	0.00	90.36	58.54
Potato, Au gratin, cheesy - OHR1034 (1/2 c.)	2	44.06	2.81	1.22	0.00	0.00	79.44	4.59	0.21	0.63	(M)	0.42	0.07	8.35	115.02	0.00	(M)	(M)	135.18 (M)
Potato, baked, Russet, 120 count, with skin - SR1562 (1 potato)	2	172.26	4.66	0.36	0.00	0.00	19.32	29.59	3.17	1.49	0.00(M)	3.63	1.48	24.84	13.80 (M)	11.45 (M)	0.00(M)	0.00(M)	102.74 (M)
Potato, tot - OHR1021 (1/2 c.)	2	130.81	6.04	1.01	0.00	0.00	311.93	16.10	2.01	0.00	(M)	2.01	0.00	0.00	0.00	3.62	(M)	(M)	(M)
RO - Carrots, baby-cut, ready-to-serve - SR1016 (1/2 c.)	2	25.40	0.09	0.02	0.00	0.00	56.61	5.98	2.10	3.46	0.00	0.46	0.65	23.22	10008.06	1.89	0.00	172.00	(M)
RO - Carrots, coins, seasoned - SR1017 (1/2 c.)	2	73.94	5.10	0.43	0.00	0.00	179.98	7.47	3.10	3.75	0.00(M)	0.61	0.52	33.23	15520.86(M)	2.11(M)	0.00(M)	176.03 (M)	89.14 (M)
S - Corn, frozen, whole kernel, heated - SR1034 (1/2 c.)	2	68.89	0.57	0.09	0.00	0.00	0.85	16.41	2.04	2.61	0.00	2.17	0.35	3.40	2.55	5.36	0.00	198.16	63.79
S - Potato, mashed, Signature - SR1112 (1/2 c.)	2	79.98	1.50	1.00	0.00	0.00	102.63	15.00	1.00	1.00	(M)	2.00	0.23	12.93	2.61	6.38	(M)	(M)	84.98 (M)
S/RO/O - Mixed Vegetables, carrots, corn, green beans, peas - SR1583 (1/2 c.)	2	51.85	0.42	0.07	0.00	0.00	90.78	11.05	3.09	3.16	0.00(M)	2.23	0.74	24.62	4935.54	4.56	0.00(M)	137.89 (M)	58.55 (M)
Salad Side Romaine with Carrots - OHR1434 (1 salad)	2	12.07	0.18	0.02	0.00	0.00	8.57	1.89	1.36	0.95	0.00	0.76	0.57	20.72	5932.86	2.62	0.00	159.31	59.03
ST - French fries, potato, straight cut, ovenable - SR1444 (1/2 c.)	2	102.93	3.56	0.40	0.00	0.00	126.68	17.42	1.58	0.00	(M)	1.58	0.57	0.00	0.00	2.85	(M)	(M)	(M)
Sweet Potato Fries - OHR1008 (1/2 c.)	2	160.00	5.00	1.00	0.00	0.00	140.00	26.00	4.00	13.00	(M)	2.00	0.72	40.00	5000.00	3.60	(M)	(M)	(M)

Menu Day – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Tomato Soup, Classic, Campbells. RECIPE - OHR1209 (6 fl. oz.)	2	54.87	0.69	0.34	0.00	0.00	283.88	10.97	0.69	6.86	(M)	0.69	0.25	2.66	274.36	4.12	(M)	(M)	88.71 (M)
Tomato, cherry - OHR1025 (1/2 c.)	2	13.41	0.15	0.02	0.00	0.00	3.73	2.90	0.89	1.96	0.00	0.66	0.20	7.45	620.59	10.21	0.00	176.56	70.42
Vegetable, oriental blend - OHR1059 (1/2 c.)	2	17.50	0.00	0.00	0.00	0.00	7.50	2.50	1.00	1.00	(M)	0.50	0.00	100.00	50.00	0.60	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Milk, Chocolate trumoo, reiter - OHR1089 (1 Half Pint)	1	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	0.00
Milk, Strawberry trumoo, reiter - OHR1090 (1 Half Pint)	1	110.00	0.00	0.00	0.00	5.00	125.00	19.00	0.00	18.00	(M)	8.00	0.00	300.00	1750.00	1.20	(M)	(M)	0.00
Milk, white,1%, reiter - OHR1091 (1 Half Pint)	1	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	2.40	(M)	(M)	0.00
Category: Condiment; May Choose: 1																			
Barbecue Sauce Smokey Bulk - OHR1306 (1 tbsp.)	1	15.00	0.00	0.00	0.00	0.00	235.00	3.50	0.00	3.00	2.50	0.00	0.00	0.00	(M)	(M)	0.00	0.00	(M)
DRESSING LITE RANCH NEWMANS OWN - OHR1359 (1 pkg.)	1	120.00	11.00	2.00	0.00	10.00	420.00	3.00	0.00	2.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Dressing, Italian, packet - OHR1014 (1 ea.)	1	10.00	0.50	0.00	0.00	0.00	110.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
DRESSING, RANCH DRESSING, HIDDEN VALLEY BULK - OHR1430 (2 tbsp.)	1	120.00	13.00	7.50	0.00	10.00	250.00	2.00	0.00	1.00	(M)	0.00	0.00	10.00	15.00	0.00	(M)	(M)	(M)
Dressing, Ranch, packet - OHR1013 (1 ea.)	1	51.43	5.14	0.64	0.00	4.29	107.14	0.86	0.00	0.86	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
French Salad Dressing, Fat Free - OHR1305 (2 tbsp.)	1	35.00	0.00	0.00	0.00	0.00	390.00	10.00	1.00	9.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Gravy, chicken, low sodium - SR1589 (1/4 c.)	1	30.37	1.01	0.00	0.00	0.00	133.40	4.05	0.00	0.71	(M)	0.00	0.00	1.78	0.00	0.00	(M)	(M)	59.14 (M)
ITALIAN DRESSING LITE PACK - OHR1358 (1 pkg.)	1	80.00	9.00	1.50	0.00	0.00	370.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Ketchup, Heinz 1.5 gallon dispenser pack - SR1004 (1 pump)	1	20.00	0.00	0.00	0.00	0.00	160.00	5.00	0.00	4.00	(M)	0.00	0.00	0.00	100.00	1.20	(M)	(M)	(M)
Mayonnaise, Light Cholesterol Free Dressing - SR1005 (1 tbsp.)	1	50.00	4.50	0.50	0.00	5.00	85.00	3.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard, Classic Yellow - SR1006 (1 tbsp.)	1	0.00	0.00	0.00	0.00	0.00	165.00	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Day – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
Original Homestyle Ranch Salad Dressing, light, Hidden Valley - SR1003 (1 tbsp.)	1	25.00	1.75	0.25	0.00	2.50	190.00	2.50	0.00	1.00	0.50	0.00	0.00	0.00	(M)	(M)	0.00	0.00	(M)
Salsa ,canned - OHR1017 (1 tbsp.)	1	22.00	0.12	0.02	0.00	0.00	70.00	4.37	0.90	4.37	(M)	0.94	1.40	7.00	343.00	2.50	(M)	(M)	(M)
Sauce, buffalo ranch, Franks hot sauce, cayenne pepper, cilantro - SR1453 (1 tbsp.)	1	17.92	1.20	0.17	0.00	1.73	335.54	1.85	0.13	0.69	0.33(M)	0.06	0.01	0.63	17.31 (M)	0.04(M)	0.03(M)	9.41(M)	0.00(M)
Sour Cream, Bulk - OHR1016 (1 tbsp cream)	1	30.00	3.00	1.75	0.00	10.00	25.00	1.00	0.00	0.50	(M)	0.50	0.00	20.00	100.00	0.00	(M)	(M)	(M)
Syrup, maple flavor, bulk - SR1158 (2 tbsp.)	1	102.39	0.00	0.00	0.00	0.00	46.34	25.60	0.04	14.10	(M)	0.00	0.01	0.50	2.75	0.01	0.00	(M)	(M)