

## **Staff Lunch Menu**

Please call in all orders (283-7447) by 9:00am. You may also leave a voicemail for the following day. Please include your name, building, delivery date and extension number. Email address: [hskitchen1@wilmington.k12.oh.us](mailto:hskitchen1@wilmington.k12.oh.us)

### **Salads \$5.00**

**Dressings available: Lite Ranch, Buffalo Ranch, Country French, Golden Italian, Balsamic Vinaigrette, Honey Mustard & Caesar**

#### **Chef Salad**

*Turkey, ham, egg, shredded American cheese, tomato, and croutons on a bed of mixed greens*

#### **Cobb Salad**

*Turkey, bacon, shredded American cheese, egg, and tomato arranged on a bed of mixed greens*

#### **Chicken Caesar Salad**

*Popcorn chicken bites, shredded Parmesan and croutons on a bed of mixed greens*

#### **Chicken BLT Salad**

*Popcorn chicken bites, chopped bacon, shredded American, cherry tomato, cucumber slices and croutons on a bed of mixed greens*

#### **Garden Salad**

*Carrots, cucumber slices, green pepper slices, broccoli, red onion and tomato on a bed of mixed greens*

#### **Build Your Own Salad**

*You pick from anything above with the addition of banana peppers and jalapenos*

### **Sandwiches \$5.00**

**Your choice of a wheat hoagie roll, hamburger bun, or tortilla wrap**

#### **BLT**

*Bacon, lettuce, and tomato with ranch dressing on the side*

#### **Italian**

*Salami, pepperoni, ham, lettuce, tomato, onion, banana peppers, Mozzarella cheese and Italian dressing on the side*

#### **Create your own**

*Meats: Turkey, ham, popcorn chicken and salami*

*Fixins: Lettuce, tomato, American, Swiss, mozzarella or pepperjack cheese, cucumber, egg, banana peppers, jalapenos, onion, pickles and bacon*

*\*Mayo and mustard packets available upon request*

**\*All salads and sandwiches are accompanied by a cookie and your choice of fresh fruit or a bag of chips.**

### **A la carte**

**Yogurt Parfait** – low fat vanilla yogurt layered with fruit and topped with honey oat granola - \$ 2.50

**Baked Potato** - dressed on the side with cheese, sour cream, bacon and butter - \$2.00